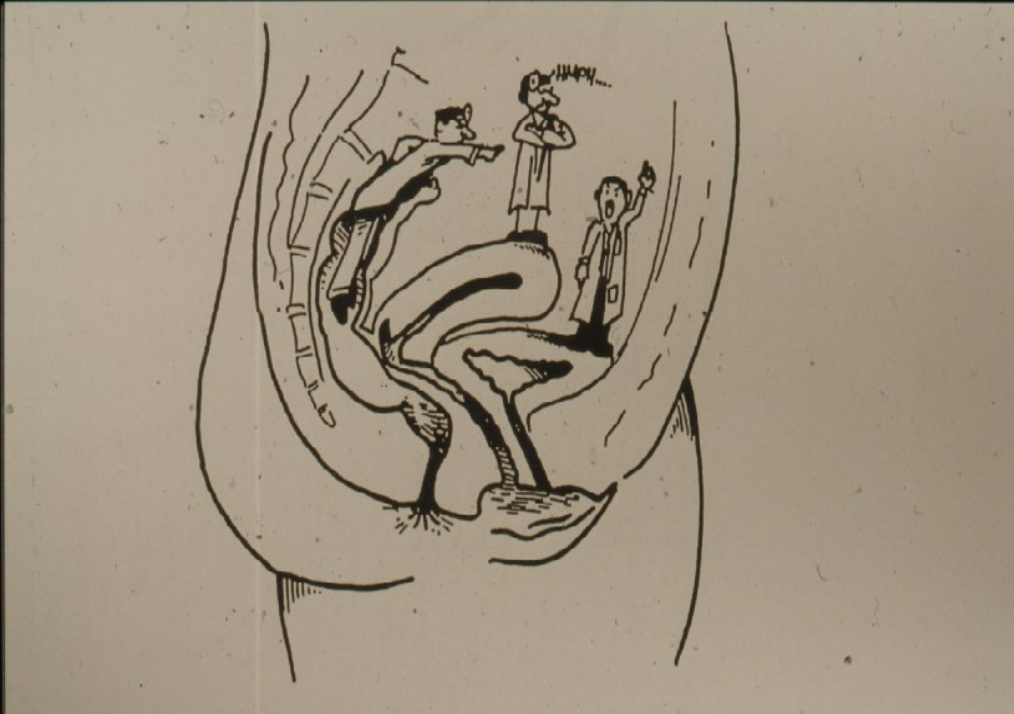


# Door-to-Door concept: can we do the job together?



## Innovative Pelvic Floor Rehabilitation: 'Peripartum women knocking', 21 June 2017





WELCOME TO THE STAFF!  
YOU'LL GET A BANG OUT  
OF WORKING HERE!

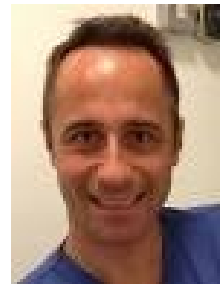


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Hege Hølmo Johannessen



Alex Digesu



Maura Seleme



Steven Swift



Barry O'Reilly



Bary Berghmans Chair



the faculty

the patient

## Innovative Pelvic Floor Rehabilitation: 'Peripartum women knocking' the Door-to-Door concept

**13.00 -13.10** welcome and explanation concept of Door to Door: **Bary Berghmans**

**13.10 – 13.35** door open: doctor's assessment and evaluation of the pelvic floor in antenatal and postpartum women: routine or?? **Barry O'Reilly**

**13.35 -14.00** door open: physiotherapeutic diagnostic consultation and evaluation in antenatal and post-partum women: **Bary Berghmans**

**14.00 -14.25** vaginal delivery: avoid or promote?: open a door **Steven Swift**

**14.25- 15.00** Point-Counter point discussion: long-term results of peripartum PFMT : door open or not? Panel: **Barry O'Reilly, Hege Hølmo Johannessen**

**15.00 – 15.30** coffee break

**15.30-16.00** prevention of pelvic floor dysfunctions in peripartum women?? Needed or luxury?  
door open doctor: **Alex Digesu**

door open pelvic physiotherapist: **Hege Hølmo Johannessen**

**16.00 -16.30:** physio's door of practical treatment of urinary incontinence after vaginal delivery: **Maura Seleme**

**16.30-16.50:** door to door: should women train their PF during pregnancy, if yes, when to start and what to do? Debate and panel discussion with participation of all participants. Panel: **Alex Digesu, Maura Seleme, Steven Swift**

**16.50 - 17.00** final remarks and conclusions: **Bary Berghmans**

# debate and panel discussion I

- point-counter point: long-term results of peripartum PFMT :  
door open or not?  
panel: **Barry O'Reilly, Hege Hølmo Johannessen**
- participation of all needed!!!
- conclusions

# debate and panel discussion II

- should women train their PF during pregnancy, if yes, when to start and what to do?

panel: **Alex Digesu, Maura Seleme, Steven Swift**

- participation of all needed!!!
- conclusions