

WS18 COURSE OUTLINE:

**FINAL PROGRAM, 21 June 2017**

**Innovative Pelvic Floor Rehabilitation**

**I: 'Peripartum women knocking' the Door-to-Door concept**

**13.00 – 13.10** welcome and explanation concept of Door to Door: **Bary Berghmans**

**13.10 – 13.35** door open: doctor's assessment and evaluation of the pelvic floor in antenatal and postpartum women: routine or?? **Barry O'Reilly**

**13.35 -14.00** door open: physiotherapeutic diagnostic consultation and evaluation in antenatal and post-partum women: **Bary Berghmans**

**14.00 -14.25** vaginal delivery: avoid or promote?: open a door **Steven Swift**

**14.25- 15.00** Point-Counter point discussion: long-term results of peripartum PFMT : door open or not? Panel: **Barry O'Reilly, Hege Holmo Johannessen**

**15.00 – 15.30** coffee break

**15.30-16.00** prevention of pelvic floor dysfunctions in peripartum women?? Needed or luxury?

door open doctor: **Alex Digesu**

door open pelvic physiotherapist: **Hege Holmo Johannessen**

**16.00 -16.30:** physio's door of practical treatment of urinary incontinence after vaginal delivery: **Maura Seleme**

**16.30-16.50:** door to door: should women train their PF during pregnancy, if yes, when to start and what to do? Debate and panel discussion with participation of all participants. Panel: **Alex Digesu, Maura Seleme, Steven Swift**

**16.50-15.00:** final remarks and conclusions: **Bary Berghmans**